

May 2021



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EXPRESS SERVICE & CURBSIDE PICK-UP HOURS

Mon. - Wed. 10:00 AM - 7:00 PM
Thursday & Friday 10:00 AM - 5:00 PM
Saturday 9:00 AM - 4:00 PM
Sunday CLOSED



Mark your calendars! The 2021 Summer Reading Program begins Saturday, June 5th! Visit the events calendar on our website for information about virtual and in-person programs and events!

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|--|-----------|-----------|
| | | | | | | 1 |
| 2 CLOSED Penn State Extension presents: Alzheimer's Disease: Healthy Living for Your Brain and Body 6:00 PM | 3 Alzheimer's Association presents: Understanding and Responding to Dementia Related Behaviors 10:00 AM Virtual Diabetes Management with Giant Nutritionists - 12:00 PM | 4 Virtual Weight Management with Giant Nutritionists - 12:00 PM Toastrasters Virtual Meeting 6:30 PM | 5 Stay Put Story Time - 10:30 AM Virtual Eating for Longevity with Giant Nutritionists - 12:00 PM | 6 Penn State Extension presents: Dementia Conversations: Driving, Doctor Visits, Legal and Financial Planning - 9:00 AM Virtual Feature Friday with Giant Nutritionists - 12:00 PM | 7 | 8 |
| 9 CLOSED | 10 Virtual Diabetes Management with Giant Nutritionists - 12:00 PM | 11 Alzheimer's Association presents: Alzheimer's Disease and Dementia: Impact on Women and the 10 Warning Signs - 12:00 PM Virtual Weight Management with Giant Nutritionists - 12:00 PM | 12 Stay Put Story Time - 10:30 AM Virtual Eating for Longevity with Giant Nutritionists - 12:00 PM | 13 Penn State Extension presents: Understanding Alzheimer's Disease 9:00 AM Virtual Feature Friday with Giant Nutritionists - 12:00 PM | 14 | 15 |
| 16 CLOSED Outdoor Family Story Time 10:00 AM | 17 Alzheimer's Association presents: Effective Communication Strategies 10:00 AM Outdoor Family Story Time 10:00 AM Virtual Diabetes Management with Giant Nutritionists - 12:00 PM | 18 Virtual Weight Management with Giant Nutritionists - 12:00 PM Toastrasters Virtual Meeting 6:30 PM | 19 Stay Put Story Time - 10:30 AM Virtual Eating for Longevity with Giant Nutritionists - 12:00 PM | 20 Virtual Feature Friday with Giant Nutritionists - 12:00 PM Penn Cinema Drive-In Fundraiser! 8:45 PM | 21 | 22 |
| 23 CLOSED Outdoor Family Story Time 10:00 AM | 24 Outdoor Family Story Time 10:00 AM Virtual Diabetes Management with Giant Nutritionists - 12:00 PM | 25 Virtual Weight Management with Giant Nutritionists - 12:00 PM MTPPLF Board Meeting - 5:30 PM | 26 Stay Put Story Time - 10:30 AM Virtual Eating for Longevity with Giant Nutritionists - 12:00 PM | 27 Virtual Feature Friday with Giant Nutritionists - 12:00 PM | 28 | 29 |
| 30 CLOSED | 31 LIBRARY CLOSED: MEMORIAL DAY | <p>DRIVE-IN</p> <p><i>Penn Cinema</i></p> <p>Do you love Roald Dahl's book "Matilda" as much as we do at Manheim Township Public Library? Join us on Friday, May 21st to watch the book come to life on the big screen at the Penn Cinema Drive-In! Safely gather for a fun, family-friendly evening at the movies that benefits the Library! For more information and to buy tickets, visit: https://mtppl.info/penn-cinema-drive-in/</p> | | | | |

Virtual Diabetes Management with Giant Nutritionists

Join Giant Charlotte Scheid, MEd, RDN, LDN and Shanna Shultz, RD, LDN on Zoom each Tuesday at Noon from May 4 - May 25 for a 30-minute virtual class to learn all about diabetes and how to make healthful choice each day . Register through Eventbrite.

May 4: Introduction to Diabetes Management with Charlotte

May 11: Carbohydrates 101 with Charlotte

May 18: Building Healthy Meals & Snacks with Charlotte

May 25: Diabetes Virtual Store Tour with Shanna

Tuesdays, May 4, 11, 18 & 25 at 12:00 PM

Virtual Weight Management with Giant Nutritionists

Join Giant nutritionist Joni Rampolla, RDN, CSOWM, LDN on Zoom each Wednesday at 12 PM from May 5 - May 26 for a 30-minute virtual class to help you make good food and lifestyle choices for weight control. Register through Eventbrite.

May 5: Making Your Calories Count

May 12: Mindful Eating

May 19: Managing a Sweet tooth and Sweetness

May 26: Why Am I NOT Losing Weight

Wednesdays, May 5, 12, 19 & 26 at 12:00 PM

Virtual Eating for Longevity with Giant Nutritionists

Want to live to be 100? Join Giant nutritionist Jennifer Schmiel, RD, LDN on Zoom each Thursday at 12:00 PM from May 6th - May 27th to learn the diet secrets of the oldest people around the world. Register through Eventbrite.

May 6: What are Blue Zones?

May 13: Blue Zone Diet and Lifestyles

May 20: Spotlight on the Mediterranean

May 27: The Blue Zone Kitchen

Thursdays, May 6, 13, 20 & 27 at 12:00 PM

Virtual Feature Friday with Giant Nutritionists

Join Giant nutritionist Holly Doan, RD, LDN on Zoom each Friday at 12:00 PM from May 7th - May 28th for a 30-minute virtual class highlighting a brand and their products. Register through Eventbrite.

May 7: Naturally Delicious with Justin's Nut Butters

May 14: Made to Thrive with Purely Elizabeth

May 21: Deliciously Dairy-Free with Daiya Foods

May 28: Made from Plants with The Impossible™ Burger

Fridays, May 7, 14, 21 & 28 at 12:00 PM

LIBRARY CLOSED: Monday, May 31st for Memorial Day

Adult Brain Games Grab Bags

Give your brain a workout with our Brain Game Grab Bags for Adults! We will have an assortment of puzzles, brain teasers, and fun activities for you to take home to challenge the mind. Registration is required and starts on **Monday, May 10th**. Pick up your bag during our Express Service or Curbside Pick-up hours the week of **May 17th**. Bags must be picked up by 4 PM on **Saturday, May 22nd**.

eResources at MTPL

Looking for ways to access digital books, movies, music, magazines, online classes, and other resources from your home? Visit our online databases page on our website (mtp.linfo/online-databases/) to access resources like Hoopla, OverDrive, Mango Languages, Universal Class and so many more directly from your computer, tablet or smart phone!

10th Anniversary Celebration Totes

10th Anniversary Celebration Totes are coming in June! Reserve yours ahead of time for \$15 online (mtp.linfo/anniversary-tote) or with cash or check at the Circulation Desk. Thank you for supporting the Library!



Returning Library Materials & Account Information

Items can be returned to our regular book drops. Items that are returned may be quarantined and they will remain on your account until the quarantine period is finished. **Once the quarantine period is ended, items will be backdated to their return date.** Patrons will not receive fines for the quarantine time. Please do not renew returned items. Doing so will result in fines being accrued. If you have concerns about your account or due dates, please email us at info@mtp.linfo or call the Library at 717-560-6441. If anyone in your household is experiencing symptoms of illness, please wait to return your items.

Curbside Holds Pick-up at MTPL

MTPL is currently offering curbside holds pick-up for select library materials. For the most up-to-date information about how to request items and for details about the process for picking up your items when they are ready, visit: mtp.linfo/curbside-holds/

Express Service at MTPL

MTPL is currently offering Express Service for in-person browsing and computer use. Capacity limits will be enforced. Masks that cover the nose and mouth are required while in the building throughout your visit. For the most up-to-date information regarding Express service and hours, visit: mtp.linfo/express-service/

Adult Reading Challenge

Join us for our year-long reading challenge for adults! Patrons ages 18 + can participate in our monthly challenges. From September 2020-August 2021, we will post a new challenge each month. Multiple entries are allowed, but each title can only be submitted once. Readers can submit books, audio books, graphic novels, or eBooks. One prize winner will be awarded the last day of each month, and at the end of the year a grand prize winner will be announced. Entries can be submitted: mtp.linfo/adult-reading-form/

For our May 2021 Challenge, read a book you judged by the cover!

Programming for Kids & Adults

Join us online for virtual programs this month! Many children's programs can be viewed through our Facebook page and others will use Zoom.

Visit our events calendar on our website for registration and details regarding how to connect to each particular virtual program. See below for a quick reference to many of our popular programs.

Programs for Children and Families

Stay Put Story Time (Virtual) - Thursdays, May 6, 13, 20 & 27 at 10:30 AM

Outdoor Family Story Time - Mon., 5/17 & 5/24 | Tue., 5/18 & 5/25 at 10:00 AM

Programs for Adults

Virtual Toastmasters – Wednesdays, May 5 & 19 at 6:30 PM

Alzheimer's Association & Penn State Extension Alzheimer's & Dementia programs during the month of May (see reverse side)

Registration is required for all programs. Register on our website at www.mtp.linfo, by calling the Library at (717) 560-6441, or when you visit the Library. *Manheim Township Public Library is located at 595 Granite Run Drive Lancaster, PA 17601.*