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# Programs and Services

Manheim Township is renowned for its programs and services. The Department has earned statewide awards in recognition of its outstanding services. This chapter presents the inventory and assessment of public recreation opportunities.

## High Public Regard for Township Programs

The goal of the Manheim Township Recreation Department is to offer citizens of all ages affordable high quality recreation and educational programs year round.

Three out of five citizens surveyed rated Manheim Township's programs as "good to excellent". Their highest rating went to the quality and variety of the programs. The average ratings of programs as "fair to poor" was under five percent with most hovering around one to two percent. For the future, citizens appear to be satisfied with municipal programming in that only five percent of the survey respondents indicated that enhancing programs and services should be a main township focus.

## Recreation Values

Community recreation values were determined through input from recreation management, staff, leaders and the public through the public engagement process for this plan. They include the following:

- Service for citizens of all ages,
- Opportunities for citizens that are both organized and self-directed,
- A broad range of activities that enable citizens to try out recreation opportunities,
- Standards for healthy and rewarding experiences of participants through defining and carrying out codes of conduct for participants, staff, coaches, volunteers and spectators,
- Partnerships with other public and private entities in community recreation service.
- High expectations of recreation management, staff and leaders in understanding and anticipating public recreation interests,

- Recreation trend forecasting, translated trends programs or facilities for Manheim Township residents,
- Excellent customer service through convenience, locations close to home, schedules and program times in sync with the way of life of the citizens,
- Information about recreation opportunities that is timely and accessible,
- Facilities that are safe, clean, attractive and ready-to-use, and
- Practices and methods that are sustainable and environmentally sound.

## Serving the Citizens

Manheim Township's population is continuing to grow having increased by 4,436 citizens between 2000 and 2010. An increase of 4,023 expected by 2020 and another 4,653 by 2030 is expected. Given these large projected increases, Manheim Township can anticipate a higher level of demand for parks, recreation facilities, programs and services. Nearly an equal number of people are under 18 (7,803) and 65 and older (7,063). About 2,431 citizens are young adults ages 18-24. The majority of the population, 19,014, includes citizens ages 25 to 64. The median age is 44, up from 42.6 in 2000. The citizenry is diversifying with both Hispanic and African American population doubling between 2000 and 2010. The Hispanic population is 6.6 percent of the population. These trends suggest planning recreation services for an increasing senior adult population, Spanish language options for the growing Hispanic segment, and more family programs.

## Recreation Program Inventory

Table 7-1 presents the Manheim Township Program Inventory for 2010. The wide-ranging programs serve pre-schoolers through senior adults year round. The four programming seasons for fall, winter, spring and summer encompasses 11 major program areas with 451 sessions or major events. Each of the program sessions includes many classes. For example one session of Level 1 Learn-to-Swim has eight classes. Manheim Township offers thousands of hours of planned, scheduled programming hours annually. About 9,100 citizens participated in Manheim Township's public recreation programs in 2010. At 23 percent of the population this is higher than the national average of about 20 percent. In addition to the organized programs, 63 percent of the survey respondents reported using the Township parks and recreation facilities on their own for fun and socializing. That would total about over 24,000 visiting the parks annually. Total park visitation is unknown but it is assumed that park visitors are using the parks for many days.

**Table 7-1  
Manheim Township Program Inventory  
2010**

Program	Age	Gender	Fee	Location	Season	#	Comment
<b>Aquatics</b>							
Aqua Babies	6 mo - 3	B	\$30/33	HS	F		4 sessions
Wet and Fit	Adult	B	\$48/55/42	HS	F,W		5 sessions
Wet and Fit	Adult	B	\$49-64	Skyline	S		1 session
Lap Swimming	HS & Adult	B	\$23/29/20	HS	F,W		4 sessions
Moonlight Swims	All	B		Pools	S		8 evenings
Olympic Day	Youth	B	Free	Pools	S		1 day
Home Swim Meets	Youth	B	Free	Pools	S		8 meets
Swim Lessons	All	B	\$38-50	Overlook Skyline	S		72 sessions
Swim Lessons – Beg	3-5	B	\$38/46	HS			25sessions. Sequential progress with completion of one level leading to participation in next higher level. Morning and evening sessions.
“ – 1. Intro to Water Skills	4+	B	\$42/50	HS	F,W		
“ – 2. Fundamental Aquatic Skills	4+	B	\$42/50	HS	F,W		
“ – 3. Stroke Development	4+	B	\$42/50	HS	F,W		
“ – 4 Stroke Improvement	4+	B	\$42/50	HS	F,W		
“ – 5 Stroke Improvement	4+	B	\$42/50	HS	F		
Wet & Fit	Adult	B	\$57/64/49	HS	F,W		2 sessions
Pre-school Swim	3,4,5	B	\$36/44	HS	W		2 sessions
Adult Learn to Swim	Adult	B	\$36/40/30	HS	W		2 sessions
Lifeguarding	15+	B	\$215/225	HS	W		5 sessions
<b>Volunteer</b>							
Adopt-A-Park	All	B	Free	Park	F		
<b>Special Events</b>							
MY Historical Society Event	All	B	Free	OCC	F		1 session
5 <sup>th</sup> Annual Herb Fest	All	B	Free	BHNM	F		Partnership
11 <sup>th</sup> Landis Woods Art Show	All	B	Free	LWP	F		Partnership
MT Woodcarvers Club	All	B	Free	LWP	F		Partnership
Community Day	All	B	Free	OCC	F		
Stauffer Mansion Holiday Open House	All	B	Free	SM	F		
Scavenger Hunt	Youth/ Adult	B	Free	Parks	S		
Family Camp Out	All	B	\$20 each	Overlook	S		1 night; new
Great PA Clean-Up	All	B	Free	OCC	Sp		1 day event
<b>Adult Classes - Enrichment</b>							
Basics of Bicycling	Adult	B	\$45/50/40	SCH	F		1 session
Basics of Bicycling	Adult	B	\$45/50/40	SCH	Sp		1 session
Intro to Quilt Making	Adult	B	\$85/90	MTHS	F		1 session
Intro Wine Education	Adult	B	\$85/95	Off site	F,S		4 sessions; new
Intro Wine Education	Adult	B	\$85/95	Off site	S		2 sessions
Wine In Dine In	Adult	B	\$75/85	LWP	S		1 evening; new
Decorating with Color	Adult	B	\$39	SM	F		2 classes
Home Decorating	Adult	B	\$59	SM	F		3 classes
Home Decorating	Adult	B	\$59	SM	Sp		3 classes
Photography 100	Adult	B	\$45	SM	F		2 classes
Photography 100	Adult	B	\$45	SM	Sp		2 classes
Photography 103	Adult	B	\$150	SM	Sp		1 session

<b>Adult Classes - Enrichment (continued)</b>						
AARP Driver Program	50+	B	\$12/14	SM	F	2 sessions
AARP Driver Program	50+	B	\$12/14	SM	Sp	2 sessions
Screenwriting	Adult	B	\$90/95	MTHS	F,W	2 sessions
Geology	Adult	B	\$15	BHNM	F	1 class
Geology	Adult	B	\$15	BHNM	Sp	1 class
Basic Investing	Adult	B	\$15/20	SM	F	2 classes
Social Security	Adult	B	\$15/20	SM	F	2 classes
Beg Conversational French	Adult	B	\$80/85	SM	S	1 session; new
Woodcarving	Adult	B	\$25/30/20	LWP	Sp	1 session
Decorating with Color	Adult	B	\$39	SM	Sp	1 session
Nutritional Cooking	Adult	B	\$120/125	HS	W	1 session
Basket Weaving	Adult	B	\$45/50	SM	W	4 sessions; new
Wall Mural Painting	Adult	B	\$85/95	OAC	W	1 session
<b>Adult Fitness &amp; Sports</b>						
Morning Lite Aerobics	Adult	B	\$55 - 50	OAC	F,W,Sp,S	8 sessions
Walk Around the Center	Adult	B	Free	OAC	F,W,S	Weekdays - Daily
Adult Open Gym Basketball	Adult	B	\$3/day	Mid Scl	F,W	2-4 nights
Adult Open Gym Basketball	Adult	B	\$3/day	OAC	Sp	2mights
Men 35+ Basketball	35+	M	\$40/45	Mid Sch	F	2 sessions
Senior Men's Basketball	50+	M	\$3/5	OAC	W	Pick-up
Men's Volleyball League	Adult	M	NA	OAC	F	Fall winter league Thursday
Adult In-Line Hockey	18+	B	\$8/day	OAC	F,W	Sundays
Polynesian Dance	Adult	B	\$50/55	MTHS	F	3 sessions
MT Biggest Loser Chall.	Adult	B	\$235	OAC	F	1 session
On the Move	Adult	B	Free	online	F	Lighten Up Lancaster
Buddy Up/Lighten Up	Adult	B	TBA			
Zumba	Adult	B	\$40/45	OAC	F	2 sessions
Abs & Core Fit	Adult	B	\$48/53	SCH	F	4 sessions
Yoga Flow Body	Adult	B	\$32/53	SCH	F,W,S, F	38 sessions
Gentle Yoga Flow	Adult	B	\$48/53	SCH	F	4 sessions
Yoga for Fall Equinox	Adult	B	\$10/12	SCH	F	1 class
Date Night Yoga	Adult	B	\$24/27	SCH	F	1 class
Smart Strides	All	B	\$10-15	All	All	Self-directed
Ultimate Open Gym	Adult	B	\$3/day	OAC	Sp	
<b>Hobbies and Clubs</b>						
MT Mesdames	Adult	F	Free	NA	F	Monthly
MT Mesdames	Adult	F	Free	NA	S	Monthly plus 3 events
MT Retired Citizens Association	Sr Cit	B	Free	Off site	All	Twice a month
Municipal Gardens	All	B	\$30	Com. Park	S,S,F	Garden plot rentals
Habitat MT Book Club	Adult	B	\$5/7/ session	MT Library	F	3 sessions
<b>Trips</b>						
St. Michael's	Adult	B	\$75/80	Trip	S	1 day
NYC - Concert	Adult	B	\$60/65	Trip	S	1 day
NYC - Radio City	All	B	\$100/110	Trip	W	1 day
NYC - On your own	All	B	\$65	Trip	Sp,W	Two 1-day trips
Geology Tour	Adults	B	\$75	Trip	Sp	1 day
Philadelphia Flower Show	All	B	\$50/55	Trip	W	1 day

<b>Youth Activities</b>						
Pre/K Ballet/Gym Dance	3-8	B	\$49/54	SCH	F, W, S	15 sessions
Pre/K – Ballet Tap	3-6	B	\$49/54	SCH	F,W,S	8 sessions
Jazz & Tap	11+	B	\$49/54	SCH	F	2session, 3 levels
Jazz & Gym	7-11+	B	\$49/54	SCH	F, W	6 sessions, 3 levels
Tap Dance	7-12	B	\$49/54	SCH	F,W,S	9 sessions, 3 levels
Hip Hop	7+	B	\$28/32	MS	S	2 sessions; new
Ballet	8-12, 11+	B	\$49/54	SCH	F,W	6 sessions, 3 levels
Pointe	Varies	B	\$49/54	SCH	F,W	3sessions
Tumbling	7+	B	\$28/32	Mid Sch	S	2 sessions
Hip Hop	7+	B	\$28/32	Mid Sch	S	2 sessions
KinderMusik	1-4	B	\$80/85	SM	F,W	2session
KinderMusik	1-4	B	\$80/85	SM	Sp	1 session
Music Producer	9-12	B	\$100/110	SM	F	1 session
Create-A-Cook	7-12	B	\$55/60	Off site	F,W	3 sessions; Partnership
Teen After School Program	Gr 7&8	B	\$585	OAC	F	1 session
"	"	"	\$540	"	W	"
"	"	"	\$540	"	S	"
No School Camp	Gr 1-8	B	\$35/40	OAC	F	4 sessions
Holiday Camp	Gr 1-8	B	\$35/40	OAC	F	4 sessions
Zumba	13-18	B	\$25/30	TBA	F	1 session
Beg. Tae Kwon Do	6+	B	\$45	Off site	F	7 sessions; Partnership
Elementary Fun Run	Gr 1-6	B	Free	OCC	F	1 day event
Learn to Ice Skate	3+	B	\$80/70	Off site	F,W	6 sessions; partnership
Learn to Ice Skate	3+	B	\$49	Off site	Sp	1 session; partnership
Blade Benders	3+	B	\$80/70	Off site	F	4 sessions
First Goal Program	Gr K- 2	M	\$35	MTHS	F	1 session
Youth Basketball	Gr 3-8	B	NA	Vary	Dec-Apr	
Boys Basketball league	Gr 9-12	M	NA	Vary	Dec- Apr	
NFL Punt, Pass, Kick	8-15	B	Free	Skyline	F	1 day event
Tennis Lessons	Youth	B	\$65/70	MTHS	S	6 sessions, three levels
Round Robin Tennis	All	B	\$55/60	MTHS	S	24 play opportunities
Kindergarten Playground	Entering K	B	\$50	Parks	S	4 locations two days week/ eight weeks
Summer Youth Playground	Gr. 1-8	B	\$75	Parks	S	4 locations, eight weeks, five days/wk, 9-1.
Gourd Turtles	8-13	B	\$12/15	SM	S	1 class
Super Hero Party	3-5	M	\$12/17	SCH	Sp	One day event
Princess party	3-5	F	\$12/17	SCH	Sp	One day event
Little Kickers Soccer	3-6	B	\$45/55	OAC	Sp	1 session
Heads Up	8-13	B	\$75/80	OAC	Sp	One session; seven weeks with themes
Pitch Hit & Run	7-14	B	Free	OCC	Sp	One day event
Create a Cook	7-11	B	\$55/60	Off site	Sp	One session
Learn to Play Hockey	7-11	B	\$49	Off site	Sp	Partnership
Learn to play bocce	7-16+	B	\$10/12	OCC	Sp	Two sessions; age groups
Urban Arts	8-13	B	\$75/80	OAC	W	1 session; new
Mommy & Pre-school Me	1 ½-4	B	\$65/70	Off-site	W	4 sessions
Mommy & Artist Me	2-5	B	\$65/70	Off-site	W	4 sessions
Tumbling	7+	B	\$28/32	MS	S	2 sessions
<b>Youth &amp; Adult</b>						
Beg. Tae Kwon Do	6+	B	\$45	Off site	F	
Self-Defense	12+ - Adult	B	\$20	Off site	F	

<b>Camps</b>							
Create Your Own Video Game	8-13	B	\$140/150	SM	S		One week 9:30 – 11:30
US Sports Multi-Sports	5-14	B	\$149 & 169	Stoner	S		One week; two age groups
Science Explorers	7-11	B	\$175 half day \$295 full day	LWP	S		One week each ; four themes for four weeks total
Pony Grooming	3-11	B	\$175 - 220	Stauffer	S		Two age groups, one week
Robots	8-11	B	\$140/150	SM	S		One week
Nature Camps	4-9	B	\$85	LWP	S		Eight sessions
Kitchen Science Investigations	7-12	B	\$85/90	HS	S		One week; half day; two age groups
CSI Camp	9-12	B	\$85/90	HS	S		1 session
Overlook Youth Day Camp	Gr 1-7	B	\$130/140	OCC	S		Nine sessions; 9:00 to 3:00; one week each session
Teen Adventure Camp	12-17	B	\$115/130	OAC	S		Eight sessions; one week each with themes 8:00 – 4:00
Discount Tickets							
Ski areas & Amusement Parks	All	B	\$13 -50	SM	All		

### Unique Opportunities for Self-Directed Recreation

Manheim Township has been working to capitalize on the major trend of self-directed recreation. Many people want to participate in a variety of recreation activities at their own discretion. Manheim Township has many facilities that are not commonly found in public recreation departments. These activities include:

- Playing Golf: disc, regulation golf, and miniature
- Swimming in two outdoor pools and the High School Pool
- Roller Skating in the Overlook Activity Center
- Using the turf fields at Weaver Road Park
- Skateboarding
- Bicycling along the Township’s Trail network
- Boating with river access at Perlman Park
- Tending a garden at Compost Park
- Joining a club such as the Senior Citizens, Manheim Township Mesdames or the Habitat MT Book Club

### Special Events

Manheim Township has a Special Events Coordinator. The Coordinator is responsible for Community Day, Fall Family Night, Fall into Fitness and coordinating rentals at the Barn for private social events. The Coordinator works in Township Administration and not in the Recreation Department.

### Boettcher House Nature Museum

Boettcher House is available for rental form private social gatherings. It accommodates up to 75 people. The Board also plans activities and events for the public.

## Other Recreation Providers

In addition to Township programs and services, other recreation providers offer important recreation opportunities to the citizens.

### Organized Sports

Manheim Township has six youth sports organizations. Table 7-2 presents the community sports leagues. Over 4,000 players participate in Manheim Township's sports leagues annually. In addition to the players hundreds of volunteers are involved in operating the leagues. The Recreation Department has set forth national youth sports standards that all leagues follow in order to provide all participants with a healthy experience rooted in youth development, socialization, skill development and developing a lifelong interest in sports.

**Table 7-2**  
**Manheim Township Youth Sports Leagues**

<b>League</b>	<b>Participants</b>
Baseball/Softball League	1,066
Youth Soccer	1,539
Youth Girls Lacrosse	130
Youth Boys Lacrosse	175
Youth Football Association	171
Youth Cheerleading Association	80
Overlook Swim Team	185
Skyline Swim Team	237
Basketball	450
TOTAL	4,033

### Manheim Township Library

The new library on the Overlook Community Campus is a spectacular facility that evokes the community's rural heritage through its building designed with a barn theme. The library is a 21<sup>st</sup> century facility offering books and a whole lot more. The library offers meeting space, audio/visual support, a teaching kitchen, rooms for rentals for community gatherings, a café and a book store.

The Library and the Recreation Department are exploring programming partnerships. The Library Staff has indoor space and facilities while the Recreation Department has programming staff. Joining forces could result in maximizing limited resources and public service.

### Overlook Golf Course

The Golf Course is a public recreation facility owned by Manheim Township and operated separately as an enterprise fund. Since it is a township facility, consideration could be given to program development aimed at creating the next generation of golfers. With golf participation trending downward nationally including decreasing

rounds here, it is important to look at ways to increase use and the number of citizens interested in golf, especially younger players. Advertising the golf course in the Parks & Recreation quarterly activity guide would be important in increasing public awareness and interest.

### **Manheim Township School District**

The mission of the Manheim Township school District is to provide an environment where everyone will learn, grow and succeed. The District offers programs for students including before and afterschool activities. An expanded partnership between the Manheim Township Recreation Department and the School District for after school recreation programs for specific age groups such as middle schoolers or teens would help to fill a gap in the current recreation services for this age group. Generally people in the community feel that there is not enough to do for middle schoolers and teens.

### **Lighten Up Lancaster**

The Lighten Up Lancaster County Coalition is a group of concerned individuals, organizations and employers who want to increase the number of children and adults who are at a healthy weight. The Recreation Department is a partner in this program. A variety of tools and activities are available to the community. The Department advertises this partnership program in the quarterly activity guide. The program offers over 225 free or low-cost settings for recreation and physical activity.

## **Analysis**

### **Strengths**

The Recreation Department managers and staff plan, direct and evaluate an abundance of recreation programs, activities, classes, leagues and special events. Program categories have evolved over time as the program managers track trends, monitor community interests and direct program efforts to offer new and varied activities as well as continuing favorites. The goal of the staff is to fill a niche market in which the public gets to try out and experience a wide variety of programs. This experience is key to establishing life-long leisure interests and active healthy lifestyles.

Programs are targeted at specific age groups from pre-schoolers through senior adults. This is an effective practice in the quest to be a customer driven service rather than the traditional cafeteria-style approach to offering programs. Program cost and revenues are tracked with a goal of recovering the cost of instructors, materials and supplies. Administrative, advertising and other indirect costs are not included in revenue recovery. The Township sets fees annually. Fees for programs such as the summer Playground Program have been increased to reflect actual costs in comparison with past view of this program as a public service.

The Department has found creative ways to partner with commercial recreation providers. This enables the Township to offer programs without adding staff or facilities while enabling the private sector to potentially gain new customers.

The addition of on-line registration is a major step forward. It will be more convenient for the customers and likely to boost participation.

## **Challenges**

Due to a lack of indoor recreation facilities, programs are held in both Township and school district facilities as well as in private sector recreation related enterprises. The Recreation Department partners with private sector partners in offering programs such as dance lessons, martial arts, wine education and so on. The expansion of the Overlook Activity Center could help in expanding recreation opportunities year round.

Finding effective ways for fragmented Township recreation service providers to work together in collaboration is a challenge given the workload all department heads have. The township departments of the Library, Overlook Golf Course and Special Events need to find ways of working together on joint advertising, program development and customer service.

Coordinating the required maintenance for recreation programs and activities in a timely manner for work scheduling by the individuals responsible for it is a challenge. Facilities have to be safe, clean attractive and ready to use before a program begins. In the case of facility rentals such as at the Barn, maintenance in the vicinity of the Barn has to be premiere prior to events as this is marketing. People will be more likely to rent facilities that have premier maintenance and the Township could generate a higher level of rental when facilities are top notch in appearance.

Customer service training should continue to be an important component of recreation leaders and instructors. Job descriptions and evaluations should also include this as major responsibility.

## **Opportunities**

While Manheim Township's recreation programs and opportunities are second to none, future trends, the economy and a changing population warrant the consideration of new opportunities.

## **Current Top Participation and Future Directions**

The top three activities in which Manheim Township residents participate include walking, socializing and playing in Township parks, and nature enjoyment. While about 24 percent of survey respondents indicated that they participate in recreation programs offered by the Township, nearly twice as many respondents indicated that they are interested in doing so. About two out of five survey respondents are interested in volunteering. In fact, 91 survey respondents signed onto the survey as future volunteers to help out with parks and recreation.

Public opinion suggests Manheim Township residents would like to see more programs for adults and families. Trips, adult classes for lifelong learning and recreation, exercise and fitness, and the arts emerged as the program areas of most interest to the citizens.

Citizens can participate in organized structured programs and engage in recreation opportunities as they like in Township parks and recreation facilities. Self-directed

opportunities include use of township recreation facilities for walking, hiking, cycling, nature enjoyment, photography, wildlife watching, socializing with family and friends, attending a community event, health and fitness, relaxation, swimming, boating, skateboarding, roller skating, playing sports, disc golf, miniature golf, golf, driving golf balls, getting a bite to eat in a restaurant in a park, playing on a playground, volunteering and many other activities.

Providing information about the self-directed opportunities to increase participation, public awareness and convenience for the participants is important. This includes on-line resources such as trails maps, facility guides and ideas for things to do in the parks.

Partnerships, programming and advertising with the Manheim Township Library and Overlook Golf Course would expand public recreation opportunities maximize public space and staff time and foster the development of the next generation of active healthy people.

## Recommendations

1. Continue to use the following core program areas in which recreation staff is currently aligned:
  - Adult Services and Partnerships
  - Youth Services & Fitness
  - Facilities Program Manager
  - Special Events
2. Develop a three-year program management plan.
3. Focus on families and adults in programming.
4. Expand nature based recreation opportunities. Strive to create opportunities to get children and youth to experience the great outdoors.
5. Work with Overlook Golf Course in coordinating golf related programs to generate increased interest and use of the golf course.
6. Consider merging Special Events Programs into the Recreation Department.
7. Continue to carry out the youth sports standards program. Consider the development of program standards for all program areas.
8. Develop a formalized program evaluation system. This should include a mix of methods including written evaluations during and after programs; focus groups among target client groups; telephone interviews; Internet surveys; and informal conversations with program participants and park visitors. Also include non-participants to determine why people are not using the parks or engaging in programs. For major programs such as summer camps and playground programs, conduct concise evaluations weekly of both parents

and participants in order to gain timely information to make improvements, correct situations and seize opportunities. The importance of the evaluation system cannot be overstated.

9. Develop a formalized plan for partnering with commercial recreation providers. Set goals and parameters for the number, type and extent that recreation staff should spend on these partnerships. Determine the value of time invested vs. planning and implementing township run programs. Strike a balance in in-house programs and programs offered outside of the Department.
10. Add a registration component to the department's RecTrac system. Create reports for participation using factors that would produce information to support the allocation of time and resources in program planning and management. Develop an annual report about programs and service in terms of outcomes and benefits to the community. Consider interim reports after each of the four program seasons.
11. Developing a fees and charges policy that is based upon cost recovery that includes administrative, advertising and facility costs should be considered. Currently cost recovery is based only upon direct costs.
12. Continue to hold staff retreats to generate creative ideas for specific programs. Such ideas have included: cooking classes, fine arts, birthday parties, family fun nights, disc golf tournament, board game leagues, adult dodge ball, sports clinics, aqua Zumba, "Adopt a Grandparent", Geo-caching, garden tours and others.
13. Establish a young teen advisory council for program planning for this age group. Identify ten great ideas for teen services with them. Select one pilot project to carry out with teen participation oriented toward the major responsibility for its successful implementation.
14. Work with the Manheim Township School District in planning and implementing a pilot after school program for a specific targeted age group, preferably middle school.
15. Be conscious of the fact that self-directed recreation opportunities are key. Advertise these in the program activity guide to inspire citizens to do something on their own. Use testimonials and photos in the activity guide to promote involvement with activity healthy activities in Township parks. Provide ideas for walks, bicycle rides and things to do in the leisure-counseling vein to spark participation and engagement in recreation.

